### TRUSTEES' ANNUAL REPORT AND ACCOUNTS FOR THE YEAR ENDED JUNE 2014

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# MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

The board of trustees Mr Michael Peel (Chair)

Mrs Jill Abbott Mr Nick Aked Ms Marika Bellord

Dr Brendan Blake (Treasurer)

Mrs Elaine Collins Mrs Catherine Clarke

Rev. David Gardiner (Hon Secretary)

Ms Teresa Grafton (Vice Chair)

Cllr Thomas O'Malley Mr David Fazakerley Mrs Annick Robson Mr Dermid Strain

**Note**: The list applies at 30<sup>th</sup> June 2014. Mr Dermid Strain and Mr Nick Aked were appointed trustees effective 1<sup>st</sup> July 2013. Mrs Catherine Clarke was appointed in May 2014. Ms Jane Dodds and Ms Emily Ward stood down as trustees at the 2013 AGM. Mr Michael Peel stood down as a trustee in September 2014; this annual report is signed by Ms Teresa Grafton, the new Chair.

Registered office Caplan Court

1 Grove Road

Richmond, Surrey, TW10 6SN

**Independent examiner** Mr A. Craig

16 Cranmer Rd, Hampton Hill, Middlesex, TW12 1DW

# TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED JUNE 2014

The trustees present their report and the financial statements of the Charity for the year ended 30 June 2014.

#### **STATUS**

The Cambrian Community Centre opened in 1989 as part of the Queen's Road Estate development and under the auspices of Richmond Parish Lands Charity (RPLC). Its constitution was amended in 1999 and it became a registered charity in June of that year. In 2002 the Centre merged with the Workhouse Gym which became the Community Gym - a major facility offered by the Centre.

On 1st July 2013 the Centre commenced operation as an incorporated charity with limited liability, under a new charity number (1151011) and also under company registration number (8268372) at Companies House. This report covers the first year the Centre has operated as an incorporated charity although there have been no substantive changes to its objectives, ideals and operations.

# 25<sup>th</sup> Anniversary Year and the Cambrian Centre Friends Group

The Centre opened in September 1989, and 2014 is therefore the 25<sup>th</sup> anniversary year. A new Friends Group has been formed and has run a 25<sup>th</sup> Anniversary Raffle to help with fundraising as well as planning other events for the future. The main anniversary celebration, including the raffle draw, took place in September 2014 and will be covered in the 2014/2015 report.

#### **Activities Programme**

The CCC has continued to develop a programme of directly-delivered activities planned in response to the ongoing consultation with local residents. This programme now includes Pilates, Yoga, Local History Group, Street Dance, Tai Chi, Line Dancing, Singing, Bridge, and Drawing.

The aim is to provide low cost sessions delivered by a group of qualified and enthusiastic freelance tutors, who also view the project as an opportunity for their own ongoing "continuing professional development".

The programme is accessible in the fullest sense – i.e. it is:

- Low cost many local residents have less disposable income e.g. they may be retired, in poor health or supporting a family
- Basis is 'pay as you go'
- Local venue
- Friendly tutor/group

These sessions are well attended and constitute an important resource when working to reduce social isolation.

Richmond Adult Community College has supported delivery of some of the above activities and the Centre was successful in its bid for Richmond's Community Learning Funding.

This year has also seen the delivery of Community Lunches in partnership with another voluntary group (Groundworks)

Local families have worked with the Centre to deliver play sessions for the younger residents. It is hoped to move towards the establishment of a "Junior Youth Club" in the future.

The CCC has worked with London & Quadrant (social landlords for the Queens Road Estate) to establish regular residents' meetings.

The Centre also received funding from IBM to purchase laptops and tablets which are used to deliver IT support sessions to aid "Digital Inclusion" – of increasing importance as benefits and other services move to on-line delivery.

### The Community Gym

The Community Gym continued its excellent and vitally important work during the year. The gym is known for being a particularly friendly venue for older residents. Usage increased by 18% compared to the previous year, with 4,962 unique visits. Revenue increased slightly. This is believed to be because an increasing number of users are either on annual or monthly memberships, which encourages more regular attendance. Costs have remained well under control.

The facility remains the only independent gym to participate in Richmond's Live Well programme; a scheme subsidised to assist residents referred by medical practitioners within the Borough, especially people recovering from illnesses or surgery. The gym is open to all ages, but the majority of the membership is over 60 years of age. There are four members in their 90s.

The gym's reputation with local cardiac specialists is now well established and there continues to be an increase in referrals of individuals with cardiac conditions. There are now two exercise groups meeting weekly for those with cardiac conditions - these offer ongoing advice and the opportunity to develop peer support networks. Attendees report an increase in confidence and the ability to manage their cardiac condition.

A new exercise bike was purchased in September 2013.

RPLC continue to offer grants to local residents on means-tested benefits who wish to access the gym

A great debt of thanks is owing to all the gym staff: Janet Alissi, Andy Naylor-Vane and Vicki Eames.

# Hirers

Centre premises are also hired for an increasing variety of activities and usage has increased substantially, as the increase in revenue of over 30% (excluding the after school club) demonstrates. Current hirers include local voluntary groups (Young Carers, Richmond Mencap, Parkinson's People). In addition, hirers use the rooms to deliver life-drawing, children's ballet class, papier-mâché making, and a support group for those with hearing-impairment. The Centre is also a popular venue for children's and family parties.

Camkids, an after school care club, continues to use the Centre on a daily basis during the week in term time. There are plans to expand their delivery to include a breakfast club which will be of considerable benefit to the local community. The Centre has offered support to the development of the new initiative.

#### **Fundraising**

During the year the Centre ran a number of fund-raising events.

These included two successful jumble sales in October 2013 and April 2014. Jumble sales are very popular but they are hard work both before and after the event, and they leave the Centre with the problem of unsold goods.

On the back of these, the Centre has held a number of book sales which proved successful in disposing of some of the many books donated.

Finally, the Cambrian Centre stall at the Richmond May Fair did extremely well in the teeth of very inclement weather at this event.

As in previous years very grateful thanks are due to Barclays Bank for supporting the Centre's fund-raising in the form of £1750 matched funding for jumble sales and May Fair and helpers.

We were also successful in obtaining grants from the Richmond Parish Lands Charity for refurbishment and also from IBM for our IT education project.

### **Concluding Comments**

Looking forward, as the Centre moves through its 25<sup>th</sup> year, there will undoubtedly be more challenges and more celebrations. Strengthening links with our local community, particularly the Queen's Road Estate, remains of great importance. And, as always, fund-raising continues to be a major preoccupation.

Next year will also, it is hoped, see the introduction of monthly surgeries run with local council representatives, presenting an opportunity for residents to ask questions and air problems. In addition, the Centre will be the base for drop-in sessions as part of the Borough's Village Plan programme

Also with supporting the local community in mind, the Centre looks forward to seeing the onsite IT training and support project fulfil its main objective, which is encouraging more local people to become confident users of computers, mobile devices and online services.

In terms of improving facilities for residents, the onsite sports pitch is generally regarded as an important local asset. Securing its future is a priority for the immediate future and the Centre looks forward to working with RPLC to this end.

Finally, as always, the Cambrian Centre staff and trustees thank everyone for their past and continuing support.

Teresa Grafton Chair of Trustees

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7<sup>th</sup> February 2015

# INDEPENDENT EXAMINER'S REPORT FOR YEAR ENDED JUNE 2014

I report on the accounts of The Cambrian Community Centre for the year ended 30 June 2014, which are set out on pages 6 to 10.

The charity's trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: Andrew Craig

Address: 16 Cranmer Rd, Hampton Hill, Middlesex, TW12 1DW

Date: 19th November 2014

## **ANNUAL ACCOUNTS 2013/14**

## Year ended 30 June 2014

		Unrestricted Funds 2014	Restricted Funds 2014	Total Funds 2014	Total Funds 2013
	Note	£	£	£	£
Incoming Resources					
Donations and fundraising	2	6,825	0	6,825	11,437
Activities in furtherance of the charity's obj	jectives				
Grants receivable	3	26,540	3,557	30,097	33,130
Charitable trading income	4	52,880	0	52,880	46,628
Interest receivable	5	42	0	42	39
Total Incoming Resources		86,286	3,557	89,843	91,233
Resources expended Costs of generating Funds Costs of generating voluntary income	2	355	0	<u>355</u>	443
Total Costs of generating funds		355	0	355	443
Net incoming resources available for charitable	e applicatio	85,931	3,557	89,488	90,790
Costs in furtherance of the charity's objectives					
Staff costs	6	40,582	0	40,582	39,621
Other costs	7	38,359	3,557	41,916	34,143
Total Resources Expended		78,941	3,557	82,498	73,764
Net Incoming Resources for the year		6,990	0	6,990	17,026
Balances brought forward		33,408	0	33,408	16,382
Balances carried forward		40,398	0	40,398	33,408

The notes on pages 3 to 5 form part of these financial statements

## BALANCE SHEET At 30 June 2014

### **BALANCE SHEET**

BALANCE SHEET		2014	2013
	Note	£	£
Fixed Assets Tangible assets	8	-	-
Current Assets Debtors Cash at bank and in hand Total Current Assets	9	7,945 46,190 <b>54,135</b>	9,538 25,853 35,391
Creditors, deferred income and tax/NI: - falling due within one year	10	13,737	1,984
Net Current Assets		40,398	33,407
Total assets less current liabilities		40,398	33,407
Funds Restricted Unrestricted Total Funds	11 12	0 40,398 <b>40,398</b>	0 33,407 33,407

The notes on pages 3 to 5 form part of these financial statements

#### **NOTES TO THE FINANCIAL STATEMENTS**

#### Year ended 30 June 2014

#### 1 Accounting policies

### **Basis of Accounting**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' (SORP) and the Charities Act 2011.

### Depreciation

Depreciation is calculated to write off the cost of an asset, less its estimated residual value, over the life of that asset as follows:

Built-in Furniture - 5 years straight line Youth Centre Equipment - 3 years straight line

IT and Gym Equipment - written off immediately on purchase

Reserves policy Reserves should be maintained at between 4 to 6 months current expenditure

### 2 Donations and fundraising

	Unrestricted Funds	Restricted Funds	Total Funds	•	Total Funds
	1 41140			2014	2013
	£	£	£		£
Donations	739			739	4607.69
Fundraising (Jumble sales etc.)	6,086		0	6,086	6829.12
Total	6,825			6,825	
Less cost of fundraising	355			355	
	6,469			6,469	11436.81

#### 3 Grants Receivable

	Unrestricted Funds	Restricted Funds	Total Funds 2014	Total Funds 2013
	£	£	£	£
Richmond Parish Lands Charity	17,700	C	17,700	18,000
Evening Standard Carer's grant	0	C	0	10,000
LBRUT Exercise referral	6,840	C	6,840	5,130
LBRUT grant for new activities	0	3,557	3,557	0
IBM Grant - includes IT Project	2,000	C	2,000	
	26,540	3,557	30,097	33,130

### 4 Charitable Trading Income

	2014	2013
	£	£
Lettings	18,706	16,646
Gym Income (excluding grants)	27,684	27,619
Activities income (classes etc)	6,490	2,362
	52,880	46,628

#### 5 Interest Receivable

	Unrestricted Funds	Restricted Funds	Total Funds	
				2014
	£	£	£	
Bank interest receivable	42		0	42

Total Funds

£

2013

39

# NOTES TO THE FINANCIAL STATEMENTS

## Year ended 30 June 2014

6 Costs in Furtherance of Charitak	le Objectives
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6 Costs in Furtherance of Charitable Objectives	•			
	Unrestricted	Restricted	Total	Total
	Funds	Funds	Funds	Funds
			2014	2013
	£	£	£	£
Provision of Charitable services:				
Gym	45,521	0	45,521	44,004
Rest of centre	33,420	3,557	36,977	29,761
Playcentre	0	0		0
Youth Club	0	0	0	0
	78,941	3,557	82,498	73,764
Analysis of provision of charitable services:				
Analysis of provision of charitable services.	Ctoff	Othor	Total	Tatal
	Staff	Other		Total
	costs	costs	2014	2013
	£	£	£	£
Gym	30,731	14,790		44,004
Rest of Centre	9,851	27,126	36,977	29,761
Playcentre	0	0	0	0
Youth Club	0	0		0
	40,582	41,916	82,498	73,764
7 Direct Resources expended				
	Staff	Other	Total Funds	Total Funds
	costs	costs	2014	2013
	£	£	£	£
Direct charitable expenditure	40582	41916	82498	73,764
Management and administration		-	-	
	40582	41916	82498	73,764
The aggregate staff costs were:			2014	2013
			£	£
Wages and salaries			35,838	34,500
Social Security costs			4,744	5,122
•			40,582	39,621
Particulars of employees				
The average number of staff employed by the ch	arity during the financia	ıl year amounte	ed to:	
			2014	2013
			No.	No.
Number of staff (full time equivalents)			1.5	1.5
radination stail (full time equivalents)			1.J	1.5

## NOTES TO THE FINANCIAL STATEMENTS

### Year ended 30 June 2014

# 7 Direct Resources expended (continued)

Otherweeter			2014		2013
Other costs : Rent			<b>£</b> 19,500		£ 18,000
Accountancy			0		0
Heat, light, water, repairs & renewals			8,004		8,117
Training, telephone, travel, stationery & other			14,412	_	8,026
			41,916	=	34,143
8 Tangible Fixed Assets			Equipment £		Equipment £
Cost at 30 June 2014			14,364		12,394
Accumulated Depreciation 30 June 2013			14,364	· <u>-</u>	12,394
Net book value at 30 June 2013			0	: =	0
New exercise bike was purchased, September 2013. Oth	er equipment	has been dona	ted at zero cost		
9 Debtors			2014		2013
			£		£
			7,945		9,538
10 Creditors					
Creditors			2,234		1,506
Deferred income (RPLC Refurbishment grant and IBM 20	014/15 grant)		11,200		0
Taxation and social security			303	. <u>-</u>	478
			13,737		1,984
11 Restricted Funds		Movement in	resources:		
	Balance at			Balance at	
	01-Jul-13	Incoming	Outgoing	30-Jun-14	
LBRUT grant for new activities	£	£ 3,557	£ 7 3,557	£	
LDIVOT GIGHT OF HEW ACTIVITIES		3,557	3,357	U	
	(	3,557	3,557	0	

12	Analy	/sis	of	net	assets
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Analysis of her assets	Other net assets £	Total 2014 £	Total 2013 £
Restricted Funds		0	0
Unrestricted Funds		40,398	33,407
		40,398	33,407