

# THE CAMBRIAN COMMUNITY CENTRE

## TRUSTEES' ANNUAL REPORT AND ACCOUNTS FOR THE YEAR ENDED JUNE 2017

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### MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

<b>The board of trustees</b>	Mrs Catherine Clarke (Chair) Mr Nick Aked Ms Marika Bellord Dr Brendan Blake (Treasurer) Mrs Elaine Collins Ms Teresa Grafton Ms Kate McCormack Cllr Thomas O'Malley Mrs Susan Williams
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**Note:** The list applies at 30<sup>th</sup> June 2017. Ms Jill Abbott and Mr Alan Sanders stood down as trustees in the year ending June 2017.

<b>Registered office</b>	Caplan Court 1 Grove Road Richmond, Surrey, TW10 6SN
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<b>Independent examiner</b>	Mr A. Craig 16 Cranmer Rd, Hampton Hill, Middlesex, TW12 1DW
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<b>Registered Charity Number</b>	1151011
<b>Company Number</b>	8268372

# THE CAMBRIAN COMMUNITY CENTRE

## TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED JUNE 2017

The Trustees present their report and the financial statements of the Charity for the year ended 30 June 2017.

### Status

The Cambrian Community Centre (CCC) opened in 1989 as part of the Queen's Road Estate development and under the auspices of Richmond Parish Lands Charity (RPLC). Its constitution was amended in 1999 and it became a registered charity in June of that year. In 2002 the Workhouse Gym came under the management of the CCC, at which point it became the Community Gym and a major Centre facility.

On 1st July 2013 the Centre became an incorporated charity, limited by guarantee, under a new charity number (1151011) and registered at Companies House (registration number 8268372). This report covers the fourth year that the Centre has operated as an incorporated charity.

### Activities Programme

Continued thanks go to our Manager, Mary McDonald, for her hard work ensuring another year of sustained growth in the Centre's activities programme. Details of this as well as much else can be found on the Centre website at <http://www.cambriancentre.org>

The aim of the activities programme remains to provide low cost sessions on a 'pay as you go' basis, in a local venue delivered by a group of qualified, friendly and enthusiastic freelance tutors. These groups tend to build solid core attendances which can help to provide valuable social support and local networks for individuals as well as the opportunity to learn new skills, with the sense of achievement this brings.

The programme includes Pilates; Singing for Fun; Line Dancing; a popular Drawing Group and IT Support. Recent additions are Creative Writing and Tai Chi sessions which are both well attended and much enjoyed.

CCC continues to work with L&Q (social landlords for the Queen's Road Estate) to establish regular residents' meetings. In addition the local Councillors hold regular surgeries at the Centre.

### The Community Gym

The Cambrian Community Gym has continued to provide the usual high quality service to its many users. We were extremely sad to say farewell in December 2016 to Janet Alissi who was a founder member of the gym when it opened in 1989. A heartfelt thank you celebration was held at the Centre in honour of Janet's retirement and was attended by many of her long-standing gym users and friends to wish her well. Her contribution to the Centre has been immense and we will miss her greatly.

Mr Bruno Goncalves also left this year to pursue a more conveniently located position for him and we are grateful to him for his work with the team.

The regular gym team now consists of Vicky Eames and Samantha (Sam) Blake together with freelance workers who provide cover and additional support in the gym when required.

The Community Gym is, as its name suggests, a friendly venue open to all ages, though the majority of the users are over 60 years of age. Its reputation with local cardiac specialists is now well established, and there continues to be an increase in referrals of individuals with cardiac conditions. Attendees report an increase in confidence in subsequently managing their conditions which can be most challenging, particularly at the outset.

The Borough's Exercise Referral Scheme continues to be delivered at the gym – this scheme offers subsidised gym sessions for those with health conditions or recovering from surgery. This year has seen the

gym working in partnership with other gyms to ensure that all individuals referred to the scheme receive the most effective and appropriate support.

The new equipment acquired for the gym in recent years is proving invaluable in being able to offer users a more comprehensive range of modes of exercise and the staff team are using these new resources to devise programmes to suit a greater range of health needs and disabilities, including for those users in wheelchairs.

The Gym continues to provide a unique and much valued community service to its many users in what has been another very positive year.

## **Hirers**

The hire of Centre premises remains very healthy with letting income up by more than 25% on the previous year. As before, current hirers include local voluntary groups (including Alzheimer's Society, Richmond EAL Friendship Group and Parkinson's People). In addition, hirers use the rooms to deliver life-drawing, First Aid, papier-mâché making and a support group for those with hearing-impairment. The Centre also remains a popular venue for children's and family parties.

Ham Children's Centre continues to deliver sessions to support local families; these sessions are free for families to attend and are proving to be a valuable resource.

New hirers include a project funded to deliver support for local unemployed residents aged 50 or over - this project has built links with the CCC IT sessions as many of the individuals supported do not have the necessary computer skills to compose CVs or complete on-line job applications.

Camkids after school care club ceased to exist from mid-February 2017. The Centre was delighted to be able, at extremely short notice, to continue supporting the provision of a local community breakfast and after school club through a new provider, Brilliant Play CIC, a local Community Interest Company which delivers play solutions and opportunities for primary school children. The new club, known as the Tree House Club continues to use the Centre on a daily basis during the week in term time. It also runs a breakfast club which opened in September 2015 in response to requests for this facility from local schools.

## **Fund-raising**

The Cambrian Centre Friends have continued to support the Centre by fundraising, and in March 2017 they organised another Supper Quiz. As on previous occasions, this popular event was both a financial and social success and it is now a regular fixture in the Centre's calendar.

In October 2016 the Centre held another well supported Jumble Sale. It also took a stall at the local Ham summer Fair in June 2017 which enabled us to promote awareness of the Centre and its work in a wider geographical area.

Fundraising continues to play a valuable part in the overall funding of the Centre. However, whilst clearly important, as other income strands from hiring and activities have increased together with robust reserves, we are pleased to report that we are less reliant on external fundraising than in previous years.

## **Donations**

As usual, we give sincere thanks to all the organisations and individuals who have given us money over the year.

The Centre was also most fortunate to benefit from proceeds from the sale of a painting by the late Desmond Jones. An auction of a number of his paintings was organised by his daughter, Elaine Samuels and we are most grateful to Ms Samuels for generously allocating the Centre as a recipient of these proceeds.

## **Centre Refurbishment**

The gym was painted and all users have expressed appreciation of the renewed bright environment.

## Looking Forward

In July 2016 the Centre was fortunate to be granted a new lease of the premises for a further period of 5 years which reflects the increased confidence in the Centre on the part of our landlord RPLC. We remain extremely grateful to RPLC for their continued financial and wider support for the Centre in the community.

As noted above, the Centre is still awaiting the outcome of RPLC's work and planning on the re-development of the whole site of which the Centre is a part. As reported in previous Annual Reports, whilst the Centre strives to accommodate all its users and adapt its work and activities to accommodate the needs of local residents, it is clear that it is now close to maximum capacity and will be unable to expand further without more space. This is particularly pertinent in the case of the gym, where more floor space for users to work in and to move around machines would be welcome. In this regard, Trustees remain open to considering new and innovative ideas to maximise the use of its current space, or move to a new location onsite. Trustees do not believe that moving to a larger facility would necessarily undermine the Centre's unique atmosphere. However, we believe there is substantial synergy between the gym and the rest of the Centre, and that this remains a strong argument for keeping them together in the same building. In any event, the gym would remain under CCC management.

We look forward to receiving further information from RPLC on the re-development programme and to working closely with them in seeking to implement any new plans.

Trustees will continue to update the working internal document written in the form of a 3 year Business Plan to guide the Centre's progress over the next two years.

Planning has started to ensure we comply with the new General Data Protection Regulation (GDPR) which takes effect in May 2018.

This has been another good year for the Centre, building on and consolidating the growth and stability which has been the result of several years' hard work. We have also sought to collaborate more widely with local stakeholders, including other Charities and local schools and to raise awareness of the Centre and its work in the Community.

Finally, as always, the Cambrian Community Centre Staff and Trustees thank everyone for their past and continuing support. We always need and look forward to welcoming additional helpers and volunteers. More information about this can be found on our website, or by contacting the Centre.



*Catherine Clarke, Chair of Trustees*  
January 2018

## INDEPENDENT EXAMINER'S REPORT FOR YEAR ENDED 30 JUNE 2017

I report on the accounts of The Cambrian Community Centre for the year ended 30 June 2017, which are set out on pages 6 to 10.

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts do not accord with the accounting.

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Name: Andrew Craig  
Address: 16 Cranmer Rd, Hampton Hill, Middlesex, TW12 1DW  
Date: 13th December 2017

THE CAMBRIAN COMMUNITY CENTRE

ANNUAL ACCOUNTS 2016/17

Year ended 30 June 2017

	Note	Unrestricted Funds 2017 £	Restricted Funds 2017 £	Total Funds 2017 £	Total Funds 2016 £
<b>Incoming Resources</b>					
Donations and fundraising	2	5,788	0	5788	7,006
<b>Activities in furtherance of the charity's objectives</b>					
Grants receivable	3	34,500	373	34873	29,010
Charitable trading income	4	72,285	0	72285	67,246
Interest receivable	5	225	0	225	238
<b>Total Incoming Resources</b>		<b>112,798</b>	<b>373</b>	<b>113171</b>	<b>103,501</b>
<b>Resources expended</b>					
<b>Costs of generating Funds</b>					
Costs of generating voluntary income	2	60	0	60	70
Total Costs of generating funds		60	0	60	70
Net incoming funds available for charitable application		<b>112,738</b>	<b>373</b>	<b>113111</b>	<b>103,431</b>
Costs in furtherance of the charity's objectives					
Staff costs	6	46,125	0	46125	42,335
Other costs	7	46,628	373	47001	49,243
<b>Total Resources Expended</b>		<b>92,752</b>	<b>373</b>	<b>93125</b>	<b>91,578</b>
Net Incoming Resources for the year		19,985	0	19985	11,853
Balances brought forward		68,415	0	68415	56,563
<b>Balances carried forward</b>		<b>88,401</b>	<b>0</b>	<b>88401</b>	<b>68,415</b>

The notes on pages 8 to 10 form part of these financial statements

THE CAMBRIAN COMMUNITY CENTRE

**BALANCE SHEET**  
At 30 June 2017

**BALANCE SHEET**

	Note	2017 £	2016 £
Fixed Assets			
Tangible assets	8	-	-
Current Assets			
Debtors	9	8362	16,107
Cash at bank and in hand		85847	58,996
Total Current Assets		<u>94209</u>	<u>75,103</u>
Creditors, deferred income and tax/NI: - falling due within one year	10	5808	6,688
<b>Net Current Assets</b>		<b>88401</b>	<b>68,415</b>
<b>Total assets less current liabilities</b>		<u><u>88401</u></u>	<u><u>68,415</u></u>
<b>Funds</b>			
Restricted	11	0	0
Unrestricted	12	88401	68,415
<b>Total Funds</b>		<u><u>88401</u></u>	<u><u>68,415</u></u>

The notes on pages 8 to 10 form part of these financial statements

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

**Approved by the board on 9th January 2018**

Mrs Catherine Clarke  
(Trustee)

Dr W B J Blake  
(Trustee and Treasurer)

**THE CAMBRIAN COMMUNITY CENTRE**  
**NOTES TO THE FINANCIAL STATEMENTS**

Year ended 30 June 2017

**1 Accounting policies**

**Basis of Accounting**

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' (SORP) and the Charities Act 2011

**Depreciation**

Depreciation is calculated to write off the cost of an asset, less its estimated residual value, over the life of that asset as below. Written off assets are included in the total in Note 8 until disposed of.

IT and Gym Equipment - written off immediately on purchase

Furniture and other equipment - 5 years straight line

Assets are only capitalised where the unit cost of purchases exceeds £1000.

**Reserves policy**

Reserves should be maintained at between 4 to 6 months current expenditure, plus £5,000 to cover unexpected gym equipment failure.

**2 Donations and fundraising**

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	2017			2016
	£	£	£	£
Donations	952	0	952	705
Fundraising (Raffle, Quiz, Fairs etc.)	4,836	0	4,836	6,301
Total	5,788	0	5,788	7,006
Less cost of fundraising	60		60	70
	<b>5,728</b>		<b>5,728</b>	<b>6,936</b>

**3 Grants Receivable**

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	2017			2016
	£	£	£	£
Richmond Parish Lands Charity	26,500		26,500	15,600
Exercise referral (2016 - new contract)	8,000	0	8,000	3,710
BAA Community Fund - gym equipment	0	0	0	2,500
Kew Rotary - Gym Equipment	0	0	0	2,000
LBRUT grant for new activities (2016=singing)	0	373	373	2,000
IBM Grants	0	0	0	2,700
L&Q grant for talks programme	0	0	0	500
	<b>34,500</b>	<b>373</b>	<b>34,873</b>	<b>29010</b>

**4 Charitable Trading Income**

	2017	2016
	£	£
Lettings	36,420	29,120
Gym Income (excluding grants)	29,218	31,337
Activities income (classes etc)	6,648	6,790
	<b>72,285</b>	<b>67,246</b>

**5 Interest Receivable**

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	2017			2016
	£	£	£	£
Bank interest receivable	225	0	225	238

**THE CAMBRIAN COMMUNITY CENTRE**  
**NOTES TO THE FINANCIAL STATEMENTS**

Year ended 30 June 2017

**6 Costs in Furtherance of Charitable Objectives**

	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
<b>Provision of Charitable services:</b>			<b>2017</b>	<b>2016</b>
Gym	52,319	0	52,319	55,434
Community Activities	40,434	373	40,807	36,144
	<u>92,752</u>	<u>373</u>	<u>93,125</u>	<u>91,578</u>

**Analysis of provision of charitable services:**

	Staff costs	Other costs	Total	Total
	£	£	£	£
			<b>2017</b>	<b>2016</b>
Gym	35,159	17,160	52,319	55,434
Community Activities	10,966	29,841	40,807	36,144
	<u>46,125</u>	<u>47,001</u>	<u>93,125</u>	<u>91,578</u>

**7 Direct Resources expended**

	Staff costs	Other costs	Total Funds	Total Funds
	£	£	£	£
			<b>2017</b>	<b>2016</b>
Direct charitable expenditure	46125	47001	93125	91,578
Management and administration		-	-	-
	<u>46125</u>	<u>47001</u>	<u>93125</u>	<u>91,578</u>

The aggregate staff costs were:

	£	£	£	£
			<b>2017</b>	<b>2016</b>
Wages and salaries			42,471	38,378
Social Security costs			3,459	3,957
Workplace pensions			195	
			<u>46,125</u>	<u>42,335</u>

Particulars of employees

The average number of staff employed by the charity during the financial year amounted to:

	2017	2016
	No.	No.
Number of staff (full time equivalents)	<u>1.5</u>	<u>1.5</u>

**THE CAMBRIAN COMMUNITY CENTRE**  
**NOTES TO THE FINANCIAL STATEMENTS**

Year ended 30 June 2017

**7 Direct Resources expended (continued)**

	<b>2017</b>	<b>2016</b>
	£	£
Other costs :		
Rent	26,500	19,500
Accountancy	0	0
Heat, light, water, repairs & renewals	2,259	13,770
Training, telephone, travel, stationery, contractors, other	18,242	15,973
	<u>47,001</u>	<u>49,243</u>

**8 Tangible Fixed Assets**

	<b>Equipment</b>	<b>Equipment</b>
	£	£
Accumulated cost	13,364	13,364
Accumulated Depreciation	13,364	13,364
Net book value at 30 June	<u>0</u>	<u>0</u>

**9 Debtors**

	<b>2017</b>	<b>2016</b>
	£	£
	8,362	16,107

**10 Creditors**

Creditors	5,459	6,300
Taxation and social security	349	387
	<u>5,808</u>	<u>6,688</u>

**11 Restricted Funds**

	Movement in resources:			
	Balance at	Movement in resources:		Balance at
	01-Jul-16	Incoming	Outgoing	30-Jun-17
	£	£	£	£
Activities grant / gym repairs	0	373	373	0
	<u>0</u>	<u>373</u>	<u>373</u>	<u>0</u>

**12 Analysis of net assets**

	<b>Other net assets</b>	<b>Total</b>	<b>2017</b>	<b>Total</b>	<b>2016</b>
	£	£		£	
Restricted Funds			0		0
Unrestricted Funds			88,401		68,415
			<u>88,401</u>		<u>68,415</u>